

20 November 2008

BAKING UP EXCITEMENT IN THE CLASSROOM

Pupils at Roseheyworth Millennium Primary enjoyed a lesson which they described as ‘the best thing since sliced bread’ thanks to Brace’s school visiting programme.

Brace’s school visitor, Jo Bass, visited the Abertillery school to teach pupils about the importance of healthy eating. At the first workshop 17 pupils in year one made fruit kebabs and smoothies. The second workshop allowed 30 pupils from years five and six to learn about the bread making process and they got to make their own bread.

Michelle Hughes, head of communications for the family baker, said: “We are committed to helping young people learn about healthy eating so they can make the right food choices for themselves. The school visiting programme is one of our initiatives and is proving to be extremely popular.

“This is a free workshop, designed to fit in with the national curriculum, and is available to all primary schools in the areas we serve.”

Mrs Edmunds, head teacher, said: “The children thoroughly enjoyed working with a professional and developing their cooking skills. The smell of freshly baked bread drifting down the corridor made everyone eager to volunteer as “tasters” .

Each child received a free loaf of Brace’s bread, certificate and information pack to take home which included a fun CD and worksheets.

Any primary schools wanting further information on Brace’s school visiting programme, or wish to make a booking, should contact Jo Bass on 01495 241400 or email jo.bass@bracesbakery.co.uk

For more information on Brace’s - the family baker - visit www.bracesbakery.co.uk

Picture: Elin Gould and Bethan Gilson

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