

*Luxury*  
**Fruit Loaf**  
*Torth Fhrwythau*



## SLICED FRUIT LOAF 400g

### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Mixed Fruit (15%) (Raisins, Sultanas), Mixed Peel (3%), Yeast, Dextrose, **Wheat** Gluten, Sugar, Salt, Emulsifier; Mono and Diglycerides of Fatty Acids, Sodium Stearoyl - 2 - Lactylate Mono and Diacetyltartaric Acid Ester of Mono and Diglycerides of Fatty Acids, **Soya** Flour, Colour: Curcumin, Rapeseed Oil, Flavouring, Flour Treatment Agent: Ascorbic Acid

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**

### NUTRITIONAL INFORMATION

Typical Values	Per 100g	Per Slice	% RI Per Slice
<b>ENERGY</b>	<b>1079KJ/255Kcal</b>	<b>475KJ/112Kcal</b>	<b>6%</b>
<b>FAT</b>	<b>1.2g</b>	<b>0.5g</b>	<b>1%</b>
<b>OF WHICH SATURATES</b>	<b>0.4g</b>	<b>0.2g</b>	<b>1%</b>
<b>CARBOHYDRATES</b>	<b>55.8g</b>	<b>24.6g</b>	<b>9%</b>
<b>OF WHICH SUGARS</b>	<b>16.3g</b>	<b>7.2g</b>	<b>8%</b>
<b>FIBRE</b>	<b>4.2g</b>	<b>1.8g</b>	
<b>PROTEIN</b>	<b>8.1g</b>	<b>3.6g</b>	<b>7%</b>
<b>SALT</b>	<b>0.74g</b>	<b>0.33g</b>	<b>5%</b>

### EACH SLICE (44g) CONTAINS

ENERGY	FAT	SATURATES	SUGARS	SALT
475KJ 122Kcal	<b>0.5g</b>	<b>0.2g</b>	<b>7.2g</b>	<b>0.33g</b>
<b>6%</b>	<b>1%</b>	<b>1%</b>	<b>8%</b>	<b>5%</b>

Typical vaules per 100g: Energy 1079KJ/255Kcal

