

# LONG LOAF MEDIUM

## LONG LOAF MEDIUM WHITE SLICED BREAD 800g

### INGREDIENTS

Fortified Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Salt, Emulsifier; Mono- and Diglycerides of Fatty Acids, **Soya** Flour, Emulsifier; Mono- and Diacetyltartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Preservative: Calcium Propionate, Rapeseed Oil, Flour Treatment Agent: Ascorbic Acid

### ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**

### NUTRITIONAL INFORMATION

Typical Values	Per 100g	Per Slice	% RI Per Slice
ENERGY	945KJ/224Kcal	359KJ/85Kcal	4%
FAT	1.6g	0.6g	1%
OF WHICH SATURATES	0.5g	0.2g	1%
CARBOHYDRATES	41.2g	15.7g	6%
OF WHICH SUGARS	2.6g	1.0g	1%
FIBRE	6.8g	2.6g	
PROTEIN	7.7g	2.9g	6%
SALT	0.92g	0.35g	6%

### EACH SLICE (38g) CONTAINS

ENERGY	FAT	SATURATES	SUGARS	SALT
359KJ 85Kcal	0.6g	0.2g	1.0g	0.35g
4%	1%	1%	1%	6%

Typical vaules per 100g: Energy 945KJ/224Kcal

